



Lake Conference Championships

October 12, 2007

Varsity

Last	First	1 Mile	2 Mile	Split	5K	PPM
Finnerty	Rob	4:50	9:49	4:59	15:24	4:58
Okan	Harrison		11:00		17:19	5:35
Herting	Andy	5:19	11:00	5:41	17:28	5:38
Swanson	Sam		11:05		17:34	5:40
Walker	Matt		11:05		17:40	5:41
Boeser	Shane	5:35	11:47	6:12	18:32	5:58
Larson	Joe		11:52		18:40	6:01
Bolland	Micheal	5:41	11:52	6:11	18:44	6:02

Varsity Results

Team Place	Places							Avg. Time	Time Spread
8	1	36	40	48	50	64	67	17:05.4	2:15.3

[*Source RaceBerryJam](#)

JV Results

Team Place	Places							Avg. Time	Time Spread
9	39	47	54	55	59	60	63	19:12.7	0:51.9

[*Source RaceBerryJam](#)

Junior Varsity

Last	First	1 Mile	2 Mile	Split	5K	PPM
Kollash	Erik	5:37	11:49	6:12	18:45	6:02
Rippelmeyer	Tim	5:35	11:47	6:12	18:46	6:03
Segar	Max	5:37	11:58	6:21	18:57	6:06
Ezenbies	Zach	5:40	12:07	6:27	19:20	6:14
Lane	Joe	5:40	12:11	6:31	19:23	6:15
Rehwaldt	Seth	6:09	12:30	6:21	19:37	6:19
Alvarez	Sergio	5:37	12:15	6:38	19:40	6:20
Walker	Jimmy	5:55	12:30	6:35	19:59	6:26
Durand	Nate	6:06	12:52	6:46	20:26	6:35
Shaft	Grant	5:51	13:04	7:13	20:48	6:42
Rehwaldt	Sutton	6:10	13:04	6:54	20:59	6:46
Jackson	Andrew	6:09	13:17	7:08	21:05	6:48
Johnson	Mike	6:24	13:42	7:18	21:28	6:55
Park	Joel				21:46	7:01
Walker	Ethen	6:25	13:43	7:18	21:46	7:01
Hardegger	Jon	6:35	13:42	7:07	21:47	7:01
Treimer	Nathaniel				21:59	7:05
Raymo	Joey	6:38	13:55	7:17	22:31	7:15
Lindholm	Thomas				22:36	7:17
Jenkins	Tyler				22:39	7:18
Bench	Eric				24:18:00	7:50
Sandberg	Matt				24:42:00	7:58
Warren	Seth				24:43:00	7:58

Junior Varsity

Last	First	1 Mile
Peterson	Erik	Injured
Carlson	Thomas	Injured
Eide	Josh	Injured
Fulford	Ben	Injured
Ezenbies	Nathan	SICK did not compete
Gulden	Mike	6:09 1-Mile DNF